

1. *Happy Nightmare* 4:45
2. *Point Reyes* 5:30
3. *Long Goodbye* 4:18
4. *Great Wide Open* 7:15
5. *Nectar of Life Part 1* 1:43
6. *Nectar of Life Part 2* 2:17
7. *Looking Deeply* 4:09

Compositions by David Crowell  
3 & 7 improvisations by David Crowell Ensemble

*David Crowell alto saxophone Grey Mcmurray guitar Mike Chiavaro electric bass Jason Nazary drums*



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